

2012 ECK Springtime Seminar at a Glance

Minneapolis, Minnesota • April 6–8, 2012

Program as of 2/1/12. Subject to change. Check printed seminar program at the seminar for latest information.

For more information: www.ECKseminars.org

[Click here for 2012 ECK Springtime Seminar Temple of ECK activities and hours.](#)

All events are at the Hilton Minneapolis.

FRIDAY, APRIL 6

Friday Morning

8:30–9:00 a.m.	HU Song (extra large)
9:30–10:30 a.m.	Being a Worthy Vessel in The Year of Graceful Living (workshop) (large)
	Change Your Consciousness, Change Your Life (workshop) (large)
	ECK Initiators Meeting (current ECK Initiator ID required) (medium)
	ECK Youth Representatives and Youth and Family Program Directors Meeting (by invitation) (small)
	Roundtables
	The Transforming Power of the Spiritual Exercises of ECK (workshop) (medium)
10:30 a.m.–noon	Practicing the Law of Grace with Your Family (family workshop) (medium)
11:00 a.m.–noon	Acres of Diamonds Meeting (special event for ECK members) (extra large)
	Understanding ECKANKAR! (for those new to ECKANKAR) (small)

KEY TO ROOM SIZES

Small = up to 50 people

Medium = 51–150

Large = 151–300

Extra large = over 300

NOTE: If the workshop or meeting you select is full, check with room hosts for other options.

Friday Afternoon

2:00–4:30 p.m.	Crafting Your Life's Stories for the <i>Eckankar Journal</i> (workshop for ECK members) (medium)
2:00–4:00 p.m.	The Five Virtues—Keys to Fulfilling Your Spiritual Purpose (workshop) (large)
	Springtime Vahana Meeting in The Year of Graceful Living (for ECK members) (large)
	2:00–2:50 p.m., Vahana Toolbox
	3:00–4:00 p.m., Fulfilling the Vahana Dream!
	<ul style="list-style-type: none"> • How to Build Vahana Teams • Ways to Be an Online Vahana

2:00–3:30 p.m.	<p>Tuning In to the Divine Rhythm of Life (workshop) (large)</p> <p>Key Skills for Arahatas to Delve Deep into the ECK Discourses (workshop for Second Initiates and above) (medium)</p> <p>New ECK Members—Welcome to the Wonderful World of ECK! (New members, First Initiates) (small)</p> <p>Reach for the Stars in Your Dreams (workshop) (medium)</p> <p>Steps to Self-Mastery (workshop) (medium)</p>
4:15–5:15 p.m.	<p>Roundtables</p> <p>Treasures from the Master's Talks: Teacher and Student (workshop) (medium)</p> <p>Your Spiritual Goals on the Road to Mastership (workshop) (medium)</p>

Friday Evening

6:40 p.m.	Prelude music
7:00–8:30 p.m.	Main Program
9:00–11:00 p.m.	ECK Dance

SATURDAY, APRIL 7

Saturday Morning

8:30–9:00 a.m.	HU Song (extra large)
9:00–10:00 a.m.	ECK Spiritual Aides Meeting (current ESA ID required) (medium)
9:15 a.m.–noon	<p>New Horizons with the Spiritual Laws of Life (workshop) (large)</p> <ul style="list-style-type: none"> 9:15–10:00 a.m., The Law of Grace: Manifest Your Dreams 10:15–11:00 a.m., The Law of Economy: Use Your Resources to the Fullest 11:15 a.m.–noon, The Law of Creativity: Expand Your Capacity to Love
9:15–10:45 a.m.	Soul Travel to the Temples of Golden Wisdom (workshop) (large)
9:30 a.m.–noon	<p>Graphic Design for ECK Vahanas (workshop for ECK members) (small)</p> <p>How to Tell Your ECK Stories to Inspire Others (workshop for ECK members) (medium)</p> <p>Understanding ECKANKAR! (for those new to ECKANKAR) (small)</p> <ul style="list-style-type: none"> 9:30–10:30 a.m., Overview/Questions and Answers 10:45–11:15 a.m., Getting to Know HU: Experience a HU Song and Contemplation 11:30 a.m.–noon, More Time for Questions and Finding Answers

- 9:30–10:30 a.m. **ECK-Vidya Explorations** (workshop) (medium)
Roundtables
- 9:45–10:45 a.m. **Treasures from the Master’s Talks: All in Good Time** (workshop) (large)
- 10:30 a.m.–noon **Building Your Spiritual Toolbox for Graceful Family Living** (family workshop) (medium)
ECK Worship Service Officiators Training: The Reading and HU Chant (current ECK cleric ID required) (large)
- 11:00 a.m.–noon **ECK-Vidya Explorations** (workshop) (medium)
Keys to Living the Spiritual Life (workshop) (large)
Roundtables
- 11:15 a.m.–12:15 p.m. **Gift of Love in The Year of Graceful Living** (workshop) (large)

Saturday Afternoon

- 2:00–5:00 p.m. **Karmabusters** (workshop for Second Initiates and above) (medium)
- 2:00–4:15 p.m. **Life-Changing Spiritual Exercises** (workshop for those new to ECKANKAR) (medium)
- 2:00–4:00 p.m. **Explorations of the Sound Current** (workshop) (large)
Secrets to Success as a Leader in ECK (workshop for High Initiates) (large)
Your Spiritual Toolbox: How to Make Good Changes (workshop) (large)
- 2:00–3:30 p.m. **ECK Memorial Service Officiators Training** (current ECK cleric ID required) (medium)
Embracing Your Spiritual Lessons with Grace (workshop) (large)
Teaching ECK Youth Classes Using Heart Methods (workshop for Second Initiates and above) (medium)
- 4:15–5:15 p.m. **Roundtables**
Your Spiritual Goals on the Road to Mastership (workshop) (medium)

Saturday Evening

- 6:40 p.m. **Prelude music**
- 7:00–9:00 p.m. **Main Program with talk by Sri Harold Klemp, the Mahanta, the Living ECK Master**
The ECK Family: Our Hearthstone in The Year of Graceful Living (family program)
- After the Saturday-evening program **Guest Chat** (for those new to ECKANKAR)
- 9:30–11:30 p.m. **Dessert Social and ECK Café**

SUNDAY, APRIL 8

Sunday Morning

9:00–9:30 a.m. **HU Song** (extra large)

9:35 a.m. **Prelude music**

9:45–11:00 a.m. **Main Program**